



**Fédération
québécoise
des massothérapeutes
agréés**

DEPUIS 1979

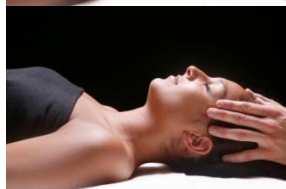
Membership Procedures for Massage Therapy Graduates From Outside Quebec



Quality training



Professionalism



Professional supervision



Ethics and integrity

1. Massage graduates from outside Quebec

The FQM offers prior learning/training equivalency assessments for persons who studied massage therapy or a related discipline (kinesitherapy, physiotherapy, etc.) outside Quebec and wish to be recognized as **certified massage therapists** by the FQM. These assessments are intended to facilitate their entry into the Quebec job market.

The following document is meant to serve as a guide to FQM practices and procedures related to training equivalency. It answers any potential questions candidates may have.

2. The FQM: your partner for professional success

The Fédération québécoise des massothérapeutes (FQM) has been a leader in Quebec's massage therapy community for 30 years. With 4,500 members made up exclusively of massage therapists, the FQM takes in 65% of the massage therapists practicing in Quebec.

The FQM's mission is to qualify and support massage therapists in their professional practice.

To be a member of the FQM is to belong to a group of massage therapists who are passionate about advancing their profession. As a leader in the massage community, the FQM works to galvanize the dynamic forces at work in the massage therapy field to ensure that the profession is recognized by various government bodies.

The leading authority on massage therapy in Quebec, the FQM is structured much like a professional corporation. It offers rigorous supervision, validates the competencies of candidates to the profession, and ensures compliance with its code of ethics and professional inspection regulations. To fulfil its public protection mandate, the FQM benefits from the services of a syndic, a disciplinary committee and a professional inspection committee.

3. Becoming a member

A person who wishes to become a member of the FQM must be 18 or older and must hold a high school diploma or the equivalent. If these conditions are met, the following steps must be followed:

Step 1:

Supporting documents required to open a file

Candidates must defray the registration and file processing fee as well as provide the following documents:

- 1) Duly-completed and signed the application form
- 2) Duly-completed and signed the Solemn affirmation
- 3) Completed and signed the consent letter (not mandatory)
- 4) Curriculum vitae
- 5) A passport-format photograph, measuring about 4 cm X 5 cm
- 6) Birth certificate
- 7) A work permit attesting to the right to work legally in Canada (condition exclusive to immigrants)
- 8) Educational diploma(s), certificate(s) and/or attestations (original document or certified copy)
- 9) Course transcripts, including details on hours completed and results obtained (original document or certified copy)
- 10) Training curriculum and/or official descriptions (knowledge, know-how and interpersonal skills) of the courses and stages completed
- 11) Proof of employment and professional experience (original document or certified copy)

Candidates are required to provide original documents or certified copies, as specified in points 6, 7 and 9. In these cases, all other non-official documents (photocopy, reproduction, electronic copy, etc.) will not be considered as part of the review of the candidate's file.

Step 2:

Review of the candidate's file

To determine whether or not to recognize a candidate's prior training outside Quebec, an FQM committee reviews all candidate files, comparing the number of training hours, the level of training and the competencies developed with the standards set out in the FQM's 400-hour training profile.

The FQM's 400-hour training profile¹ is made up of four distinct modules:

- **Module 1**: The human body
90 hours of training in anatomy, physiology and pathology

- **Module 2**: Technical applications
190 hours of training in a recognized basic massage technique: Swedish, shiatsu, Californian, amma, Trager, Esalen, Thai-yoga, polarity, Jin Shin Do

- **Module 3**: Client-centred approach
90 hours of training on interview techniques, helping relationships, sexuality and professional practice

- **Module 4**: Professional supervision
30 hours of training on ethics

Step 3:

¹ **The 400-hour program is a basic requirement for acceptance into the Fédération. However, candidates with more than 400 hours in their training record, will be evaluated on the basis of the our next levels' programs (profiles 2 and 3).**
For more information on these profiles, please visit our website at : <https://www.fqm.qc.ca/en/training>

Three possible scenarios

Once a candidate's file has been reviewed, the FQM duly informs the person of the results **within no more than 60 days**. Three scenarios are possible:

Scenario 1

The FQM recognizes the candidate's equivalency in anatomy, physiology, pathology, basic massage technique, interview techniques and helping relationships, sexuality and professional practice, and professional supervision. **The candidate must pass a practical exam on his/her massage technique as well as an ethics exam** to determine if his/her competencies meet FQM admission criteria.

Possible Outcomes

1.

If the candidate obtains a **pass** on the massage technique exam and the ethics exam, he/she may become a member of the FQM by defraying the membership fee.

2.

If the candidate obtains a **conditional pass** on the massage technique exam, he/she will be asked to successfully complete a two-hour individual supervision session to gain acceptance into the FQM.

3.

If the candidate **fails** the massage technique exam, he/she will be asked to successfully complete a **190-hour** training course to acquire equivalent competencies in this technique. These training courses are offered in schools accredited by the FQM. On completing the training course, the candidate will be asked to successfully complete a **coaching/competency validation session** (mandatory for acceptance into the FQM).

Scenario 2

The FQM recognizes the candidate's equivalency in a specific number of courses, based on the FQM training profile. However, to obtain full equivalency and meet the minimum standards for acceptance into the FQM, **the candidate is required to pass a massage technique exam and an ethics exam, as well as to successfully complete a training course given by an accredited school.**

Possible Outcomes

1.

If the candidate obtains a **pass** on the massage technique exam, he/she will not be required to successfully complete a training course to obtain the required equivalency.

2.

If the candidate obtains a **conditional pass** on the massage technique exam, he/she will be asked to successfully complete a two-hour **individual supervision session**. However, he/she will not be asked to complete the training course to obtain the required equivalency.

3.

If the candidate **fails** the massage technique exam, he/she will be asked to successfully complete a **190-hour** training course in addition to the training equivalency courses already required. On completing this 190-hour training course, the candidate will be asked to successfully complete a **coaching /competency validation session** (mandatory for acceptance into the FQM).

Scenario 3

The FQM does not recognize any of the training courses taken by the candidate, i.e. the candidate does not meet FQM admission criteria and standards. The candidate will be asked to successfully complete the **400-hour training profile in an accredited school of his/her choice.**

1.

After completing the 400-hour training profile, the candidate is asked to successfully complete a **coaching/competency validation** session (mandatory for acceptance into the FQM).

Forwarding the results of the candidate's file review

Candidates will be informed of the results of their file review by telephone and in writing (email and letter).

Returning original documents to candidates

Original documents (diplomas, transcripts, etc.) will be returned to candidates within **60 days**.

4. Fees for the file review and the equivalency assessment

Descriptions	Fee
File processing and equivalency assessment	\$100
Exam on the basic massage technique	\$125
Ethics exam	\$75
Individual supervision (two hours)	\$100

5. FQM membership fees

The annual membership fee is \$245. This annual fee² for active members is pro-rated based on the month in which the candidate becomes a member of the FQM.

New membership in ...		New membership in ...	
April	\$245.00	October	\$122.47
May	\$224.57	November	\$102.05
June	\$204.15	December	\$81.64
July	\$183.73	January	\$61.23
August	\$163.31	February	\$40.82
September	\$142.89	March	\$20.41

² The financial year runs from April 1 to March 30. Members are required to renew their annual membership on April 1 of every year, at a cost of \$245.